

## Cast Iron Cook-off 2015

Bradbury Mountain State Park  
528 Hallowell Road, Pownal, Maine 04069  
[www.maine.gov/bradburymountain](http://www.maine.gov/bradburymountain)  
(207) 688-4712

### **Categories:**

- 1) Appetizer
- 2) Entrée (Main dish)
- 3) Dessert

### **Judging:**

Entries will be tasted and ranked by our esteemed panel of judges. The panel will be comprised of members of the Pownal Fire and Rescue unit, and others. There will be between 4 and 6 judges. All decisions of the judges will be impartial and final.

### **Rules:**

- 1) Contestants must be registered to camp at Bradbury Mountain State Park on the nights of September 11 and 12, 2015 and may not check in until after 1 PM on the 11<sup>th</sup>. The number of contestants will be limited to no more than 16. Unless reserved in advance for the competition, campsites will be “first come, first served”. The required 2-night stay is to allow enough time to set up and cook, as well as to enjoy the camaraderie of their fellow cast iron chefs. Those camping must follow all park rules. Call Bradbury Mountain State Park at (207) 688-4712 to register and reserve your spot by 5PM on Wednesday, September 9, 2015.
- 2) Contestants may compete in any and all of the 3 categories of cooking.
- 3) Entries to the contest must be cooked in the cast iron of your choice over a wood fire or charcoal at your campsite. There will be no digging of pits for cooking.
- 4) Food entered into the competition must include AT LEAST one or more ingredient(s) produced in Maine.
- 5) Contestants must supply all their own supplies and materials. Firewood may be purchased locally, or brought in *if it is from Maine*. Firewood may also be purchased at the park for \$5/bundle of hardwood. Thank you for helping to stop the spread of invasive insects: [www.maine.gov/forestpests](http://www.maine.gov/forestpests)
- 6) Contestants should be receptive to allowing the public to visit and view their method of cooking.
- 7) Entries will be judged at your campsite at your allotted time on September 12, 2015. Please be prepared to present your samples to a panel of 5-6 judges at that time. Recipes may be kept secret, but truthful answers must be given concerning any allergic reactions that may be of concern to anyone who is allowed to taste the entry. The Maine-produced ingredient(s) must be made known. We would love to have a copy of your recipe!
- 8) The winners in each category will be awarded the prizes noted for that category.
- 9) There will be one overall “Grand Prize” winner chosen from all entries presented.
- 10) There shall be no whining! ☺



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